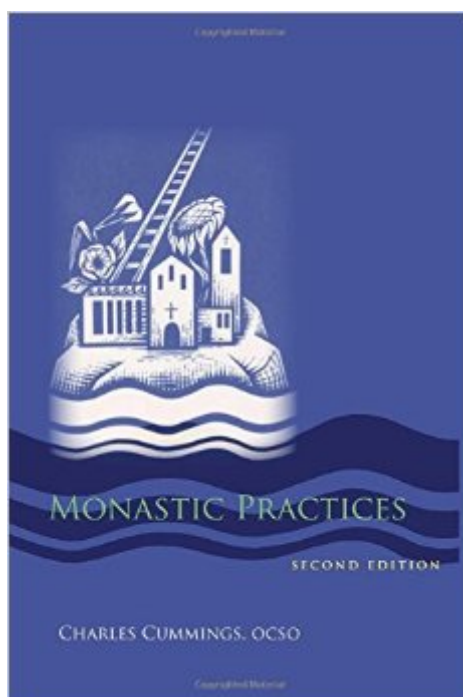


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# Monastic Practices (Monastic Wisdom Series)



## Synopsis

For three decades, *Monastic Practices* has been a valued resource for English-speaking aspirants to monastic life. In this revised edition, updated and expanded, Charles Cummings, OCSO, explores the common practices of the monastic life in order to rediscover them as viable means of leading persons to a deeper encounter with God. How do monks and nuns occupy themselves throughout the day? Have they modernized their lifestyle or is it still cluttered with medieval customs? Could any of the monastic practices be of use to those outside the monastery? A certain wisdom is necessary to know how to use such practices and how to give oneself to them until they lead one to God. After long monastic experience, Cummings shows us how the ordinary things we do constitute our path to God. In the art of living life, he argues, we are always beginners, searching for God through our concrete circumstances and actions.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

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## Customer Reviews

Brother Cummings provides a clear, in-depth presentation of the essential elements of "monastic" life. It is suitable for Oblates who seek prayerful support for their lives as "monks in the world", as well as for anyone seriously seeking spiritual progress as lay people in the world. Cummings' style is poetic and "liturgical" and the message is all-embracing-- both Catholic and "catholic." An important addition to a Benedictine library, but also to any library on prayer and methods for attaining a more holy life of integrity.

Although written for those in the consecrated life, I find it very helpful on my journey living the life of a Christian. I recommend it to all seeking an honest and true relationship with God and in God with our neighbor. This book helps us to live in community!!!

Great purchase! Thanks!

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